# Officiating Ohio High School Wrestling

#### **Contributions by:**

Ohio High School Athletic Association
Ohio Wrestling Officials Association

National Association of Sports Officials

National Federation of State
High School Associations

#### Unit 6











### **Objectives—Unit 6**

What is recovery time & how long is it?

What is injury time & how long is it?

What is bad time & how long is it?

What is a stalemate?

Stalling: Is it or isn't it?

How long is blood time?





### **Objectives—Unit 6**

Misconduct: who/when to penalize?

Flagrant misconduct: who/when to penalize?

What is unsportsmanlike conduct?

Technical violations: what are they?

Illegal holds: what are they?





### **Blood Time**



#### 5-minutes maximum

Cumulative throughout match...including OT

Number of time-outs left to referee's discretion

Time stopped when blood is controlled

Clean up part of referee's time







### **Blood Time**



Coaching allowed

Bleeding wrestler defaults if time exceeded

Bleeding wrestler wins by default if caused by...

Unsportsmanlike conduct

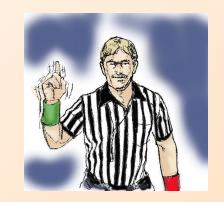
Illegal hold

Unnecessary roughness





### **Injury Time**



1 ½ minutes maximum

Cumulative throughout match

...including overtime & tie breaker

2 timeouts allowed

Following 2<sup>nd</sup> time out...opponent gets choice of position

A 3<sup>rd</sup> timeout...defaults match





### **Injury Time**



Exhausting 1 ½ minutes defaults match

Correcting illegal equipment counts as injury time

Locating/replacing contact lens may count as injury time

...use discretion

Coaching allowed!





### Referee's Duties



Be at scorer's table monitoring clock

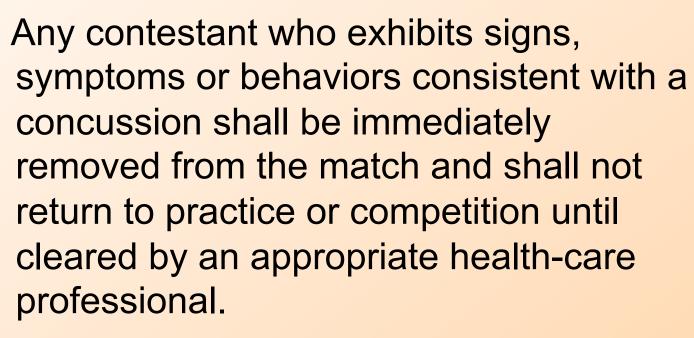
Not be on mat with coach or wrestler

Notify coach and wrestler at 1 minute and 30 second mark as to amount of time left.





### Concussion: 8-2-4

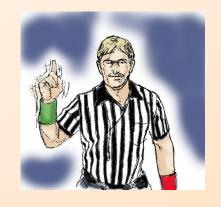


OHIO LAW: HB 143 stipulates the role of the coach and official.





# Concussion &/or Unconsciousness



Not permitted to continue until cleared by an appropriate health-care provider.

MD, DO cannot be overruled



Limit of two (2) team attendants & MD permitted on mat

...use discretion



## Non-Head Injuries



The host school is responsible to designate the on site medical staff, for the event.

Medical professional personnel may be MD, EMT, ATC, nurse and/or Physician Assistant.

The on site medical staff has the jurisdiction at the event. Only an MD, DO & especially a Dermatologist may approve a contagious skin problem.



NOTE: a contagious skin problem may not be covered to be allowed to wrestle.



## **Head Injuries**



A MD and/or medical professional cannot be overruled in determining if a wrestler is unfit to continue.

The match stopped when signs, symptoms or behaviors of a concussion are involved. The official must to make the call when signs are witnessed.



Medical professional considered state approved:

MD ... DO ...



### **Injury Time**

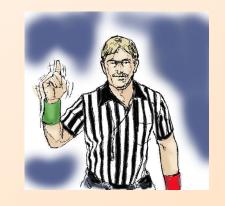


If injury time is used to prevent scoring or being pinned... It shall be deemed unsportsmanlike conduct.









At conclusion of 1st period...

Choice at beginning of 2<sup>nd</sup> & 3<sup>rd</sup> periods

At conclusion of 2<sup>nd</sup> period...

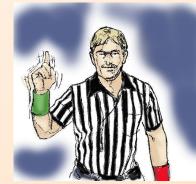
Choice at start of 3<sup>rd</sup> period

At conclusion of 3<sup>rd</sup> period ...

Choice of any one of the three starting positions at the beginning of the sudden victory period







If the second injury time-out is taken any time during the sudden victory period ...

the opponent shall have the choice of top, bottom or neutral position on the restart

If the second injury time-out is taken at the conclusion of the sudden victory period ...

the opponent shall have the choice of either top or bottom position at the start of both 30-second tiebreaker periods





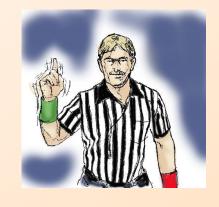


If the second injury time-out is taken at the conclusion of the first 30-second tiebreaker period ... the opponent shall have the choice of either top or bottom at the start of the second 30-second tiebreaker period.



If the second injury time-out occurs at the conclusion of the second 30-second tiebreaker period ...the opponent shall have the choice of top or bottom at the start of the ultimate tiebreaker period.



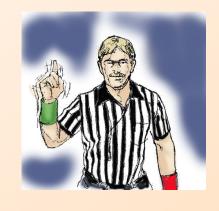


If the second injury time-out occurs at the conclusion of the second period, and the opponent already has the choice at the beginning of the second period ... the opponent would then have the added choice at the first restart after the beginning of the third period.



This is also the procedure during the first two 30 second O-T periods





A third injury time-out shall terminate the match. The opponent shall be declared the winner by default.





### **Recovery Time**



Time taken for injury through...

Illegal hold

Unnecessary roughness

Unsportsmanlike conduct

2-minutes granted for each incident

Not deducted from injury time

Wins by default if unable to continue

Cannot take injury time following recovery time

Coaching allowed







#### Time wrestled with...

Wrestlers in wrong position

Wrong wrestler given choice at start of 3<sup>rd</sup> period

Choice of position not given after 2<sup>nd</sup> injury T.O. After a two-point stalling violation

#### Also occurs when...

Clock should have stopped at end of period Wrestling continues following violation when match should' ve been stopped







All points, penalties or injury time voided

Penalties superseding bad time "RIBFUN"

Roughness (Unnecessary Roughness)

Illegal holds

**B**lood time

Flagrant misconduct

**UN**sportsmanlike conduct









# Must be corrected prior to subsequent period!

If wrong wrestler given choice at start of 2<sup>nd</sup> period no re-wrestling necessary



Opponent gets choice at start of 3rd period





Situations causing bad time...

Wrong wrestler given choice starting 3<sup>rd</sup> period

No choice given following 2<sup>nd</sup> injury time out—refer to next slide for remedy

Remedy for error at start of 3<sup>rd</sup> period...

All points earned are cancelled

A rest of one minute is granted

3<sup>rd</sup> period re-wrestled





#### OTHER THAN STARTING 3RD PERIOD

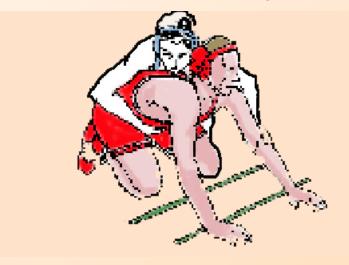
### **Bad Time--Positioning**



When you determine amount of bad time...

It shall be deleted and/or re-wrestled

Wrestlers then placed in proper position







### **Stalemate**



Interlocked in a position in which neither wrestler can improve his position other than a pinning situation

Hands locked around one leg of opponent to prevent scoring



If used repeatedly, it is stalling!





Wrestlers required to wrestle aggressively regardless of...

position

time

score

First instance a warning is called

Penalized if stalling continues

Not stalling when overpowered







Continually avoids contact

Plays edge of mat

Prevents opponent from returning to or remaining inbounds

Not attempting to secure a takedown

Backs out of 10 foot circle, w/o an effort to make contact.



to improve



### **Stalling**



Content to just ride – doesn't create angles
Traps ankle with deep waist with no effort

Holds opponent in cradle without turning

Stays parallel with half or arm bar w/o attempting to turn

Repeatedly throws legs in when opponent stands







When opponent stands, stays behind with no attempt to bring to mat

Holds heel to buttocks while defensive wrestler is broken down for more than 5 seconds

Holds opponent's leg in action not designed to...

break him down
secure a fall
prevent an escape







Repeated interlocking one leg by either wrestler to prevent scoring

Straggling back from out of bounds

Changing/adjusting equipment

Delay in assuming starting position

OHS A A

It is <u>not</u> stalling when intentionally releasing an opponent to immediately thereafter secure a takedown





Refuses to wrestle by not attempting an escape or reversal

Bases out



Bunches up – hips flat on mat





In addition to the two-point penalty for the third violation being stalling, the opponent will also get choice of position at the next restart





### Coaching Misconduct

Conference regarding rule and there is no misapplication or a coach questions your judgment

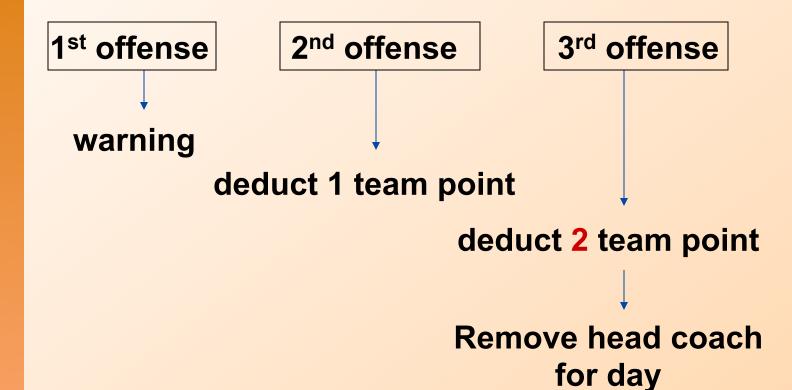
Any member of coaching staff can go to table



However, misconduct penalty called on head coach



### **Coaching Misconduct**

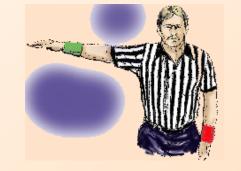




This penalty sequence starts anew each day







Actions before, during or after a match

Abusive language or behavior

Interfere with orderly progress of match

Violation of bench decorum rule

**Taunting** 

Acts of disrespect

Inciting negative reactions



#### WRESTLER: BEFORE, DURING, AFTER



### **Unsportsmanlike Conduct**

Failure to comply with direction of referee

Pushing, shoving, swearing

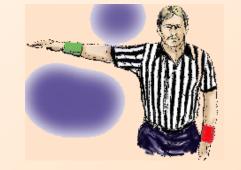
Taunting, intimidation, baiting

Throwing headgear or equipment

Indicating displeasure with a call Forceful slap to the face or head







Failure to comply with end-of-match procedure

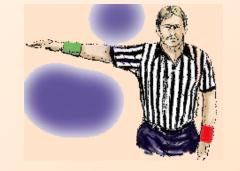
Failure to keep shoulder straps up on mat

Repeatedly dropping to one knee to break locked hands



Spitting/clearing nasal passage in other than proper receptacle





#### Before/During/After Match

#### **Penalty Sequence**



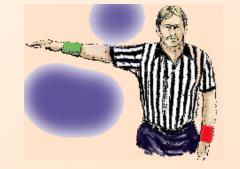
**Deduct 2 team points** 

Remove from premises for remainder of event

Carries over in multiple day events



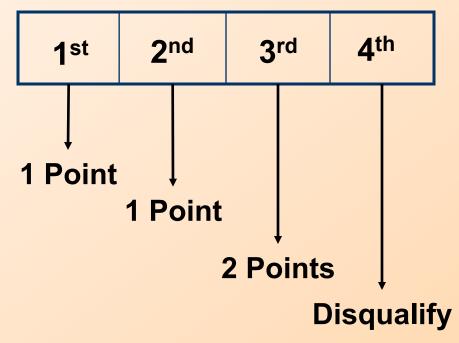




Involves physical or nonphysical acts

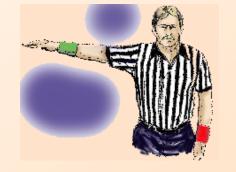
From reporting to the table to the last whistle

Awarded as part of progressive penalty sequence









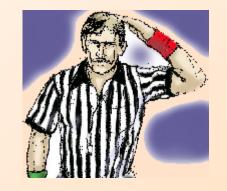
Removed for remainder of event

Responsibility of home management



Done without penalty to either team





Involves physical or nonphysical acts

Can occur before, during or after match

Includes, but not limited to...

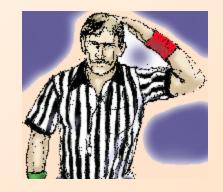
Striking Kicking

Butting Using tobacco

Elbowing Biting







Immediate disqualification

Removed from premises

Must be under adult supervision

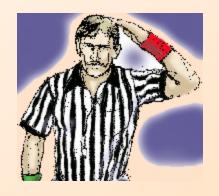
If no adult supervision, confined to bench

Bracket: Deduct 3 team points & All team points earned to that point.

Dual: Deduct 3 team points from that dual





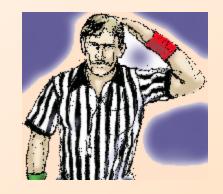


All vacancies created in the tournament pairings shall be scored as:

### Forfeits!







Acts serious enough to remove offender

Immediate disqualification

Deduct 3 team points

OHSAVA

Remove for remainder of event



# Illegal Holds



"Any and all holds used in such a way as to endanger the life and limb are considered to be illegal"

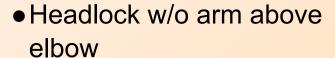




## **Illegal Holds**

- Slam
- Suplay
- Salto
- Intentional drill
- Forceful fall-back
- Pulling back thumb or 1, Quarter nelson w/ chin 2, 3 fingers
- Double under hook snap back from rear standing position
- Hammerlock
- Strangleholds
- Double-knee kickback





- Overhead double arm bar
- Neck wrench
- Leg block
- Back bow
- Figure 4 around body, both legs or the head
- Twisting hammerlock
- Full nelson
- Heel Trap / Knee Fig. 4





### **Technical Violations**



Assuming an incorrect starting position

False start

Going out of wrestling area to avoid wrestling

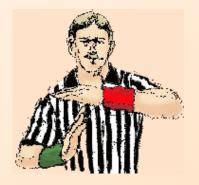
Forcing opponent out of wrestling area to avoid wrestling

Grasping clothing, headgear or mat





### **Technical Violations**



Interlocking/overlapping hands, fingers, arms around body or both legs — West Point Cradle

Leaving wrestling area without permission

Reporting to mat not properly equipped or ready to wrestle

Fleeing the mat or leaving the mat to avoid being scored upon

